



BIB NUMBER

LAST NAME FIRST NAME M.I. PHONE NUMBER

STREET ADDRESS / APT # CITY STATE ZIP CODE

DATE OF BIRTH AGE (On Race Day) GENDER EMAIL ADDRESS

SHIRT SIZE (UNISEX SIZING): XS S M L XL XXL

Unable to guarantee shirt sizes and availability after August 1

EMERGENCY CONTACT NAME EMERGENCY CONTACT PHONE NUMBER

REGISTRATION / PAYMENT

\$35 5K Run / Walk \$25 Group of 5 or More \$25 Youth - 5K
\$50 10 MILE Run \$40 Group of 5 or more \$40 Youth - 10Mile

DONATIONS to Charity Partners

\$2 \$15
\$5 \$20
\$10 \$25

RunGR MEMBERSHIP (New Members Only)

Individual Membership \$150
Family Membership \$225
Student Membership \$75

Includes LMCU Bridge Run Registration Fee. See membership details at www.rungr.com.

PAYMENT METHOD

CASH Credit CHECK (Make checks payable to: RunGR)

Mail Registration Form To: RunGR, P.O. Box 6823, East Grand Rapids, MI 49516

NO REFUNDS ALLOWED. ONE PARTICIPANT PER ENTRY FORM. WAIVER MUST BE SIGNED TO BE PROCESSED.

Total Fees:

WAIVER - REQUIRED

By signing I acknowledge my understanding that my participation in the RunGR.com Bridge Run and/or any pre- or post-Event activities (collectively, the "Event") involves rigorous physical activity and that it potentially may be hazardous. I attest and verify that I am physically fit and have sufficiently trained for the Event and that if appropriate, my physical fitness to participate in the Event has been verified by a licensed medical doctor. I expressly assume all known and unknown risks associated with the Event, including but not limited to: loss of or damage to my property; injury (including death); accidents; the effects of weather; and terrain conditions that may vary widely, and that may include uneven and/or slippery surfaces, spectators, participants, and natural and man-made obstacles (including without limitation, vehicles, security barriers, signs, cables, mats, and debris on the course). In consideration of my participation in the Event, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive any and all rights, claims and causes of action I have or may have against any Race Organizer that may arise as a result of my participation in the Event. For these purposes, a "Race Organizer" is any one or more of the following: RunGR.com and their affiliates; all governmental agencies representing the territory in which the event will be held; all sponsors, agents, vendors, and contractors of or for the Event; medical service providers; and the officers, directors, employees, representatives, successors and assigns of each of the foregoing. I hereby agree to indemnify all Race Organizers for all claims and losses (including attorney's fees and court costs), which may be brought against any one or more of them by anyone claiming to have been injured or otherwise to have suffered loss or damage as a result of my participation in the Event.

APPLICANT SIGNATURE DATE PARENT / GUARDIAN SIGNATURE FOR APPLICANTS UNDER 18 YEARS OF AGE DATE

